

IT'S MY PARTY

You know the song. "It's my party, and I'll cry if I want to..." For the first few months of a baby's life it *IS* their party, and even 5 hours a day of crying can be totally normal.

This hat is best made top-down beginning with an umbilical cord (I-Cord). At first the tears (eyelets) are close together, but as the hat grows they get further apart. At the end it's smooth sailing with a few inches of stockinette stitch. Instructions also provided for a hat with no eyelets or I-Cord, a ribbed brim, and knit bottom-up.



This hat was designed to support the "Click for Babies" Period of Purple Crying © campaign, sponsored by the Legacy Emanuel Children's Hospital Child Safety Program, the Children's Trust Fund of Oregon Foundation, and the National Center on Shaken Baby Syndrome.

This project seeks to spread awareness about the Period of Purple Crying © - the first five months of life when the amount of infant crying can become frustrating and overwhelming to caregivers. The ultimate goal is to prevent Shaken Baby Syndrome. For more information please visit www.dontshake.org.



Yarn - approximately 70 yards DK or light-worsted-weight yarn. Shown in Jojoland Tonic (85% acrylic, 15% wool; 220 yards per 100 gram skein), color AW192.

Gauge - 5 stitches = 1" in stockinette stitch.

Needles - US #8/5mm needles (or size needed to get gauge) for your preferred way of knitting in the round - either double points, two circulars, or magic loop.

Notions - Stitch markers.

Skill level - Advanced beginner (knitting in the round, choosing design options).

Size/Finished measurements - Newborn - about 12" circumference and 5.5" tall.

Version 2.2, updated 9/2013. Photos by Vivian Aubrey. Modeled by Astrid, age 5 weeks. Test knit by Emily's mommy, Carol. The Period of Purple Crying © is a registered trademark of Ronald G. Barr, MDCM and the National Center on Shaken Baby Syndrome.

Abbreviations

k - knit.

k2tog - knit two stitches together as one stitch. One stitch decreased.

k3tog - knit three stitches together as one stitch. Two stitches decreased.

kfb - knit into front and back of the same stitch. One stitch increased.

kfbf - knit into front and back *and front* of the same stitch. Two stitches increased.

m - marker.

p - purl.

pm - place marker.

st, sts - stitch, stitches.

yo - yarn over. To do this, wrap yarn around right needle as follows: start with yarn in back of work, bring yarn to front between needles, then over right needle to back of work. One stitch increased.

Notes

Instructions offer several options: top-down or bottom-up construction; rolled or ribbed brim; I-Cord top or not. When two options are given you must pick one.

Techniques

I-Cord - I-Cord is fancy knitting lingo for a very small number of sts knit in the round. In fact, the number of sts is so small that you can work them in a special, easier, way as follows.

Cast on specified number of sts. Using two double-pointed needles, knit the first row. (Stitches will be on the left end of your needle. Push them to the right end of that same needle. Your working yarn is now on the left edge of your work. Pull yarn across back of work to knit the first stitch of the row as usual. Knit row.) Repeat.

Striping - To make a striped hat, follow pattern as written, but switch colors every 4th round. Don't bother to cut the yarn; simply leave it attached and loosely carry it down to the next time you need it.



Top-Down Hat Instructions

Crown Option 1 - I-Cord and eyelets (pictured)

Cast on 4 sts. Work I-Cord for 6". Place marker and join in the round, being careful not to twist.

Round 1: kfb four times. (8 sts)

Round 2: (yo, kfb, k1, pm) four times. (16 sts)

Round 3: Knit to end of round.

Round 4: (yo, kfb, k to m) four times. (8 sts increased)

Work Rounds 3 & 4 four more times (five times total). (56 sts)

Crown Option 2 - Plain

Cast on 4 sts. Place marker and join in the round, being careful not to twist.

Round 1: kfb four times. (8 sts) [Note that this round uses kfb; subsequent increases use kfb.]

Round 2: (kfb, K1, pm) four times. (16 sts)

Round 3: Knit to end of round.

Round 4: (kfb, k to m) four times. (8 sts increased)

Work Rounds 3 & 4 four more times (five times total). (56 sts)

Hat Body - same for all versions

Remove all markers except for end-of-round. Work in stockinette (knit all sts) until hat is 4.5" tall.

Brim Option 1 - Rolled

Work in stockinette for another 2". The brim will roll leaving a finished height of 5.5".

Brim Option 2 - Ribbed

Work in k2, p2 ribbing for 1".

Finishing - same for all versions

Bind off *very loosely*. Weave in ends. Tie I-Cord at top into a bow, if applicable.

Bottom-Up Hat Instructions

Brim Option 1 - Rolled

Cast on 56 sts. Join in round. Work in stockinette (k all sts) for 2". It will roll up to be about 1" tall.

Brim Option 2 - Ribbed

Cast on 56 sts. Join in the round. Work in k2, p2 ribbing for 1"

Hat Body - same for all versions

Work in plain stockinette (knit all sts) until hat measures around 4" tall.

Crown - same for all versions

Round 1: (k3tog, k11, pm) four times. (48 sts)

Round 2: knit to end of round.

Round 3: (k3tog, k to m) four times. (8 sts decreased)

Work Rounds 2 & 3 five more times (six times total). (8 sts)

Finishing Option 1 - I-cord

Next Round: k2tog to end of round, removing markers as you come to them. (4 sts)

Work I-Cord for 6". Break yarn and draw through loops. Weave in ends. Tie cord in a bow.

Finishing Option 2 - Plain

Remove markers. Break yarn and draw through loops. Weave in ends and block as desired.